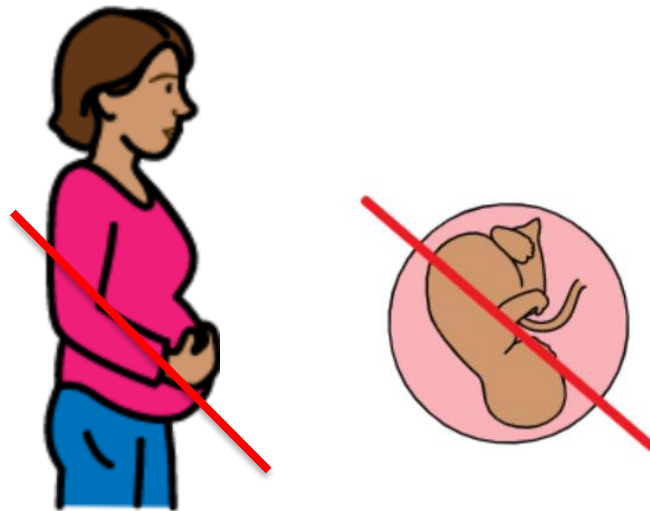


EASY ENGLISH

MTOP

Medication Termination of Pregnancy



Care
Education
Advocacy



The things in this factsheet are for lots of different people.



For information just about



- you
- your needs



talk to a

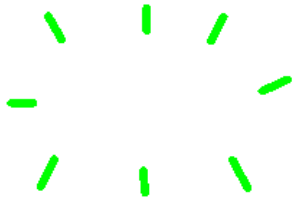


- Doctor or Nurse

or



- Lawyer



New words

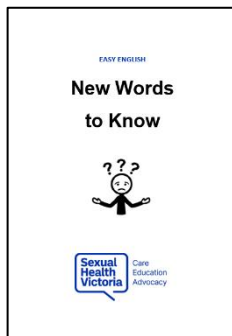
There may be words in this factsheet

- that are new to you and
- you may **not** know what they mean

or

- you may be unsure what they mean.

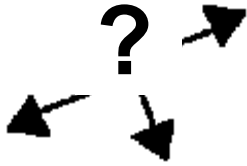
We will make them **blue** the first time we use them.



Read about them in the

Sexual Health Victoria Fact Sheet

New Words to Know.



You need to make a choice



It can be very hard to make this choice

but



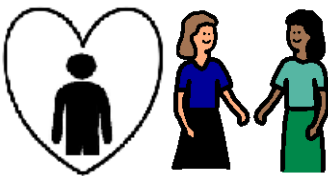
it is **your** choice.



Talk to someone who makes you feel comfortable. Like



- your doctor or nurse
- a counsellor



- your partner
- your friends



- your family.



Remember



It is **your** choice.

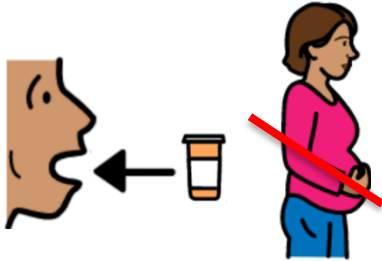


Other people can **not** tell you what you **must** do.

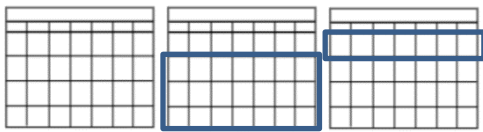
Medication Termination of pregnancy

It is also called MTOP or medical abortion.

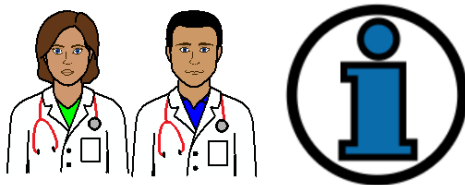
It means taking tablets to end a pregnancy.



Medical abortion can be done from 6 weeks to 9 weeks of pregnancy.



A doctor or nurse can help with the appointment time and information.

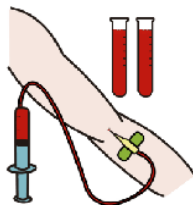


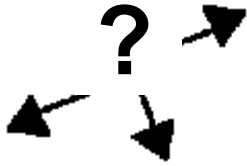
You will need to have

- an ultrasound scan to check how big the pregnancy is

and

- a blood test.





You need to make a choice



It can be very hard to make this choice

but



it is **your** choice.

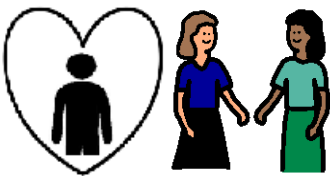


Talk to someone who you feel comfortable with. Like



- your doctor or nurse

- a counsellor



- your partner

- your friends



- your family.



Remember



It is **your** choice.



Other people can **not** tell you what you **must** do.



How to take the medication



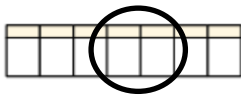
You need to take 2 lots of tablets.



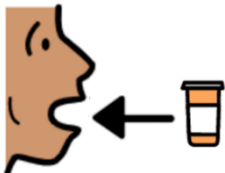
The first tablet is taken with water and swallowed.



The nurse or doctor will tell you the right time to do this.



The next 4 tablets are taken 2–3 days later.



They go in your mouth and are tablets that melt. The doctor or nurse will tell you how to do it.

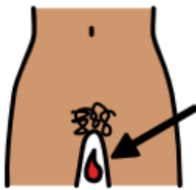


About 30 minutes after the second lot of tablets you will get



- pain
- cramping

and



- bleeding from the vagina



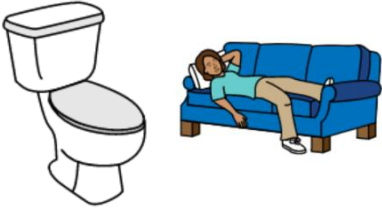
Some people also feel sick.



The doctor can give tablets that help with pain and sickness.



The abortion can take about 8 hours.



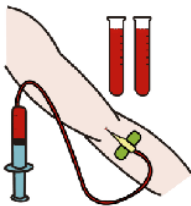
You need to be near a toilet and have rest.



You will need an adult support person.



A nurse will call you to see if you are feeling well and safe.



You will have a blood test about 7 days after the first tablet.

This is to check the pregnancy hormone levels.



An appointment is needed about 2 weeks after the last tablets were taken.

This is to check the abortion has worked.



Want more information?



Talk to your doctor or nurse.



Sexual Health Victoria clinic



Phone 03 9257 0100

SHV Video about [MTOP](#)



My Options



Phone 1800 696 784

<https://www.1800myoptions.org.au/>

Images

We have used images from



- Dreamstime
- Boardmaker - Mayer-Johnson.



This Fact Sheet is based on the Sexual Health Victoria Medical Abortion (Abortion Pill) Fact Sheet. September 2021.



Written by Sexual Health Victoria. March 2023.



