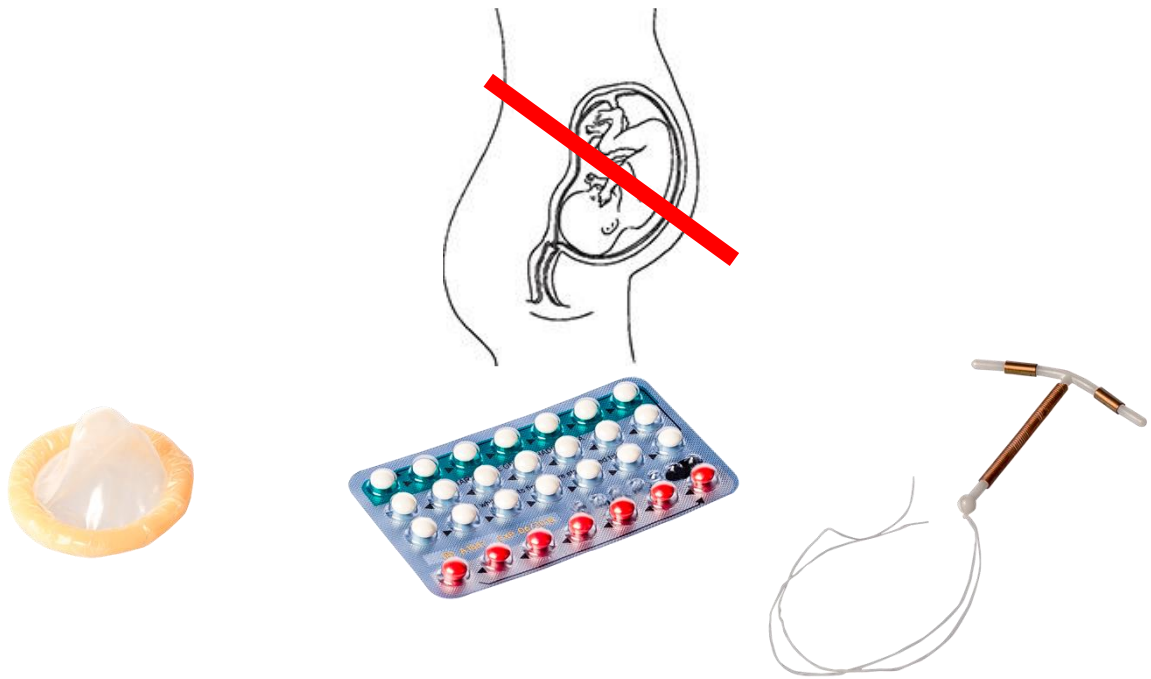


EASY ENGLISH

Contraception



It can also be called

- protection
- birth control



Care
Education
Advocacy



The things on this factsheet are for lots of different people.



For information just about

- you
- your needs



talk to a



- Doctor or Nurse.



New words

There may be words in this factsheet

- that are new to you
 - you may **not** know what they mean
- or**
- you may be unsure what they mean.

We will make them **blue** the first time we use them.



Read about them in the

Sexual Health Victoria fact sheet

New Words to Know.

?



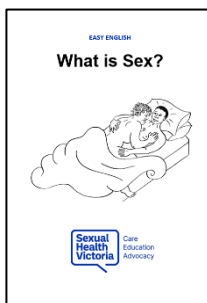
What is Contraception?



You use it when having sex.

Like a

- condom
- a contraceptive pill
- both.



Read about **sex** in the

Sexual Health Victoria Fact Sheet

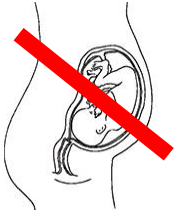
What is Sex?



Why use Contraception?

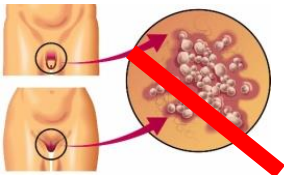
It is a way to try to **stop**

- someone getting pregnant



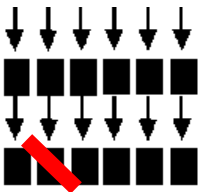
- Sexually Transmissible Infections.

These are sometimes called sex germs.



Contraception may **not** work

- all the time
- every time.

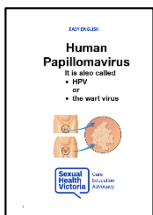
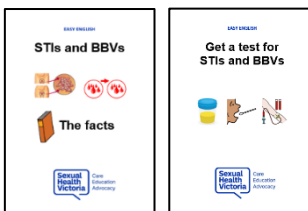


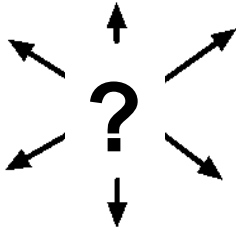
Read about Sexually Transmissible

Infections in the Sexual Health Victoria Fact

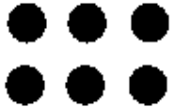
Sheets

- **STIs and BBVs. The Facts**
- **Get a Test for STIs and BBVs**
- **HPV.**





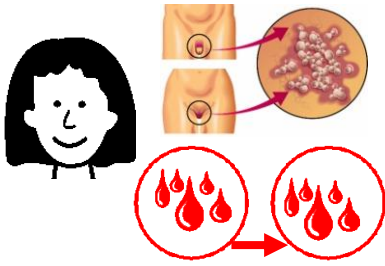
Choices



There are lots of different choices.



Read about contraception in the
Sexual Health Victoria Fact Sheet
**Contraceptive Options. What can
I choose?**



Safer sex and Sexually Transmissible Infections (STIs)



STIs or sex germs are infections or viruses.
Often people do **not** feel sick.

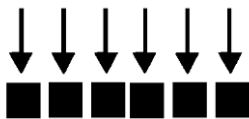


Only condoms can help to **stop** STIs.



A condom needs to be used the right way

and



every time you have sex.



Want more information?



Talk to your doctor or nurse.



Talk to your chemist



Contact Sexual Health Victoria on



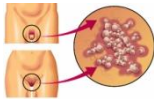
- 03 9257 0100
- Freecall 1800 013 952



- clinic@shvic.org.au

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Reviewed by Sexual Health Victoria. March 2023.

Original Easy English written by Access Easy English. May 2018.