

EASY ENGLISH

New Words to Know



Care
Education
Advocacy



The things in this factsheet are for lots of different people.



For information just about



- you
- your needs



talk to a

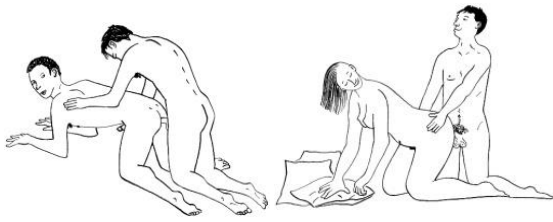


- Doctor or Nurse

or

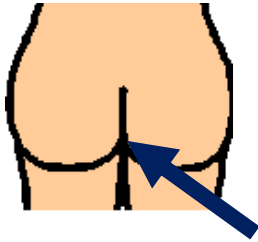


- Lawyer



Anal Sex

A penis or sex toy goes into an anus.



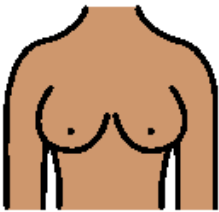
Anus

It is the hole in your bottom.

Poo comes out of it.

It is also called a

- bottom
- arse
- bum.



Breasts

Most women have breasts.

They are on her chest.

Breasts can be different sizes.

Most women have 2 breasts.

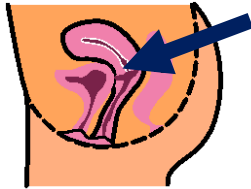
They can also be called boobs.



Cervical Screen

A test to see if your cervix

- is healthy
- or
- has HPV.



Cervix

Most females have a cervix.

It is inside.

It is the lower part of the uterus and has a small hole to the vagina.

It opens very wide to let a baby be born.



Contraception

People use it when they have sex.

It should stop a pregnancy from starting.

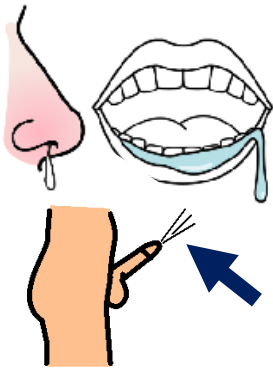
It means there will **not** be a baby.

There are lots of different types of contraception.



Foetus

The word used when a baby is inside the mother.



Fluid

They are different liquids.

There is fluid in a

- mouth. This is called saliva.
- nose. This is called mucous.
- bottom. This is called anal mucous.
- penis. This is called semen.
- vagina. This is called vaginal mucous.

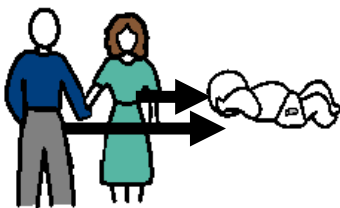


Genes

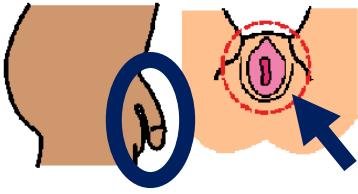
You can **not** see your genes.

Your genes come from your parents.

Your genes say what you will look like. Like,



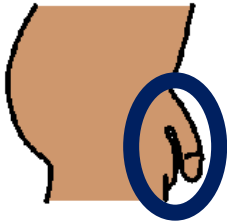
- your eye colour
- your skin colour
- your hair colour
- how tall you may be.



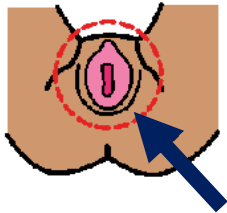
Genitals

These are your private body parts.

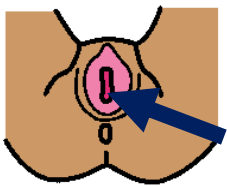
They are between your legs. Like



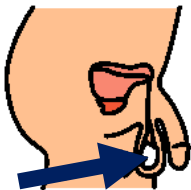
- penis



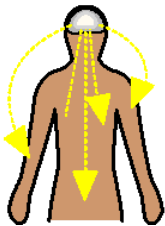
- vulva



- vagina



- testicles.



Hormones

Everybody has hormones.

You can **not** see your hormones.

They are special chemicals.

They send messages to make changes to a body. Like, when your body changes to an adult.



Intercourse

It is one way you can have sex.

The penis goes into the vagina.



Masturbation.

You do this by yourself.

You touch your own body and it feels

- nice
- calm or exciting
- good.



Mutual Masturbation

You do this with a partner.

You touch or rub each other's body and it feels

- nice
- calm or exciting
- good.



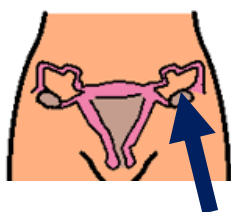
Oral Sex

You use your mouth and tongue.

You use them on a partner's private parts.

Like, kiss or lick or suck the

- vulva
- penis.



Ovaries

The place where the ova are kept until they are ready for making a baby.

There are 2 ovaries.



Ovum

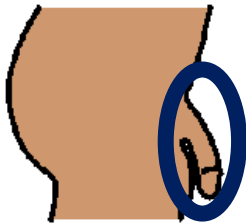
It is the female cell used to make a baby.

It is sometimes called an egg.

More than 1 ovum is called ova.

Ova are inside the female.

They are in the ovaries.



Penis

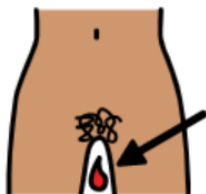
Most males have a penis.

It hangs between the legs.

It is the soft tube at the front of the body.

Wee and semen come out of it.

It is sometimes called a dick.

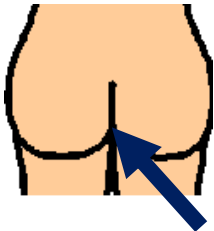
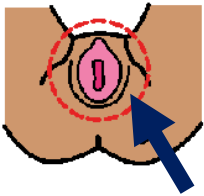
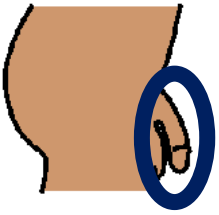
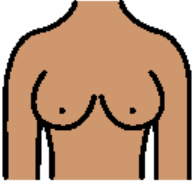


Period

This is sometimes called menstruation.

It is when drops of blood come out of the vagina.

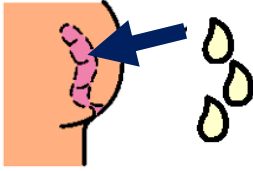
It lasts for 5 to 7 days and nights.



Private Parts

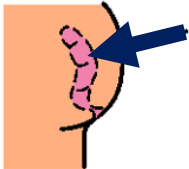
Your private parts are your

- breasts
- penis
- vulva
- bottom and anus.



Rectal mucous

Fluid made by the rectum.



Rectum

The tube inside the anus.

The poo is kept here until it is ready to come out.

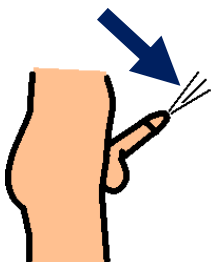


Sex Toy

A device used for having sex

- by yourself
- or
- with a partner.

It is often in the shape of genitals.



Semen

It comes out of the penis.

It only comes out when the penis is hard.

It is a white sticky fluid.

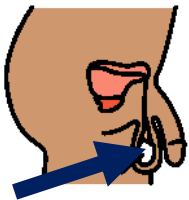
It has sperm in it.



Sterile

There are **no** germs. It is very clean.

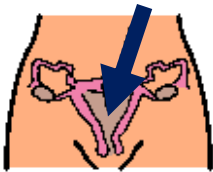
Like, an operating theatre.



Testicles

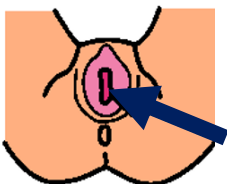
Egg shaped balls that hang under a penis.

This is where the sperm are kept.



Uterus

The part inside a female where the baby grows.

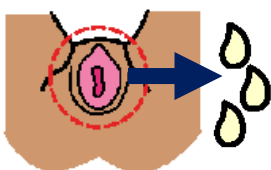


Vagina

Most females have a vagina.

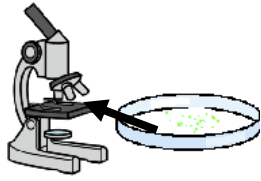
It is a stretchy tube inside the body.

The opening of the vagina is between the legs in the vulva.



Vaginal mucous

Fluid made by the vagina.



Virus

It is a germ. It is tiny.

You can only see a virus with a microscope.

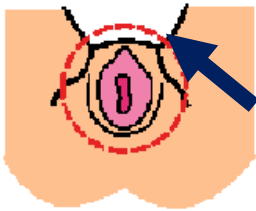
Some viruses can make you sick.

Vulva

Most females have a vulva.

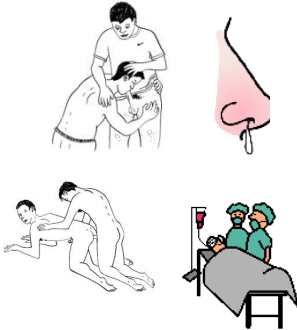
It is

- between the legs
- the outside parts that you can see.



Images

We have used images from



- Change People
- ClipArt Panda
- Sexual Health Victoria
- Boardmaker - Mayer-Johnson
- Picto-Selector.



Reviewed by Sexual Health Victoria. March 2023.

Original Easy English written by Access Easy English. May 2018.