

Put up barriers to STIs, not pleasure!

Add these to your safer sex toolkit.

EXTERNAL CONDOM

- Wear on the penis for vaginal, anal or oral sex
- Can be used on sex toys
- Add lubricant to increase pleasure
- Reduces risk of pregnancy



INTERNAL CONDOM

- Insert into the vagina or anus before penetrative sex
- Add lubricant to increase pleasure
- Reduces risk of pregnancy



DENTAL DAM

- Hold over the vulva or anus during oral sex
- Add lubricant to the underside to increase pleasure
- Take care not to turn the dam over



GLOVES

- Can be used anally or vaginally
- Add lubricant to increase pleasure



Take care of yourself and your partners by using barrier protection. Remember, each barrier is single use only, don't forget the lubricant, and above all, get consent!



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