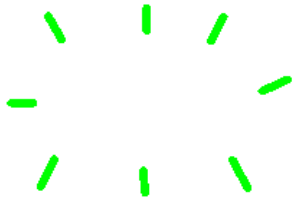


EASY ENGLISH

Our Family Planning Victoria Clinics

We are here to help everyone





New words

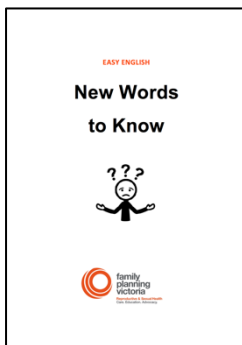
There may be words in this factsheet

- that are new to you and
- you may **not** know what they mean

or

- you may be unsure what they mean.

We will make them **blue** the first time we use them.



Read about them in the

Family Planning Victoria Fact Sheet

New Words to Know.



Family Planning Victoria

We are also called FPV.

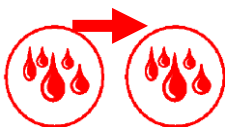
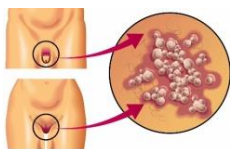
We have been here for more than 40 years.



What we do

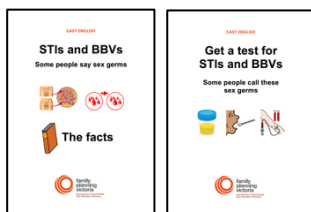
We can help you learn about

- your sexual health
- **contraception**
- how to get pregnant
- how to **not** get pregnant.



We can also help you learn about

- Sexually Transmissible Infection or STIs
and
- Blood Borne Viruses or BBVs.



Read about STIs or BBVs in the

Family Planning Victoria Fact Sheets

- **STIs and BBVs. The facts**
- **Get a test for STIs and BBVs.**

We have lots of Fact Sheets to help you.

You can get them from



- www.fpv.org.au

or

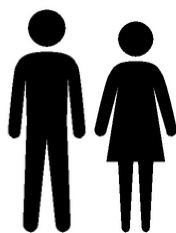
- Phone 03 9257 0100



Freecall 1800 013 952



We can mail you some Fact Sheets.



Who we see at Family Planning Victoria



Anyone can come to our clinics.

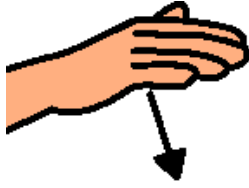
You can be

- any age
- any gender
- any sexuality
- an Australian
- born in a different country
- a person with disability.

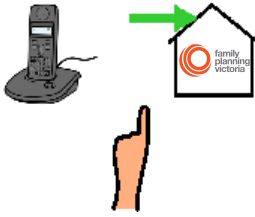


Read about gender and sexuality in the Family Planning Victoria Fact Sheet

Diverse sexes, sexualities and genders.



Before you come to our clinic



You need to

- make an appointment



- tell us if you need help to understand English.

We can get an interpreter.



We will need to make a time when

- you can come
 - the interpreter can come
- and**
- there is a doctor or nurse to see you.

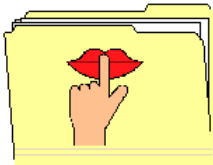


When you come to our clinics



Everything you talk about is private to

- you
 - the nurse
- and**
- the doctor.



We will need to write in a file.

It helps us to know

- why you came
 - what we talked about
- and**
- what we did.

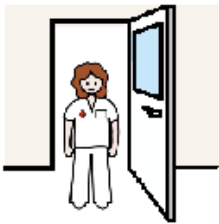


Things you need to do

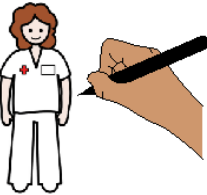


1. You need to fill out a form.

Ask us if you need help.



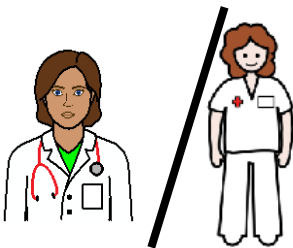
2. You will see a nurse in a private room for a short time.



3. The nurse will ask you some questions.

They may seem very private. Like

- when you last had sex
- how many people you have had sex with in the last 3 months.



What you say helps us to work out if you need to see a

- doctor
- or
- nurse.



Your appointment

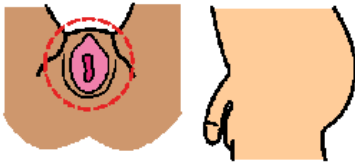
You will now have time with the doctor or nurse.



They will ask lots of questions.

Some questions may be

- the same as before
- new questions.



They may need to

- check your **private parts**

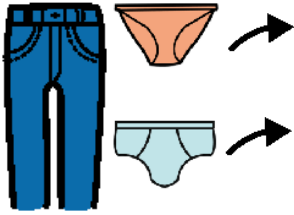
or



- do some tests.



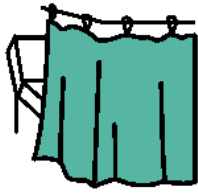
You can ask why.



They may ask you to take off your

- pants
- underwear

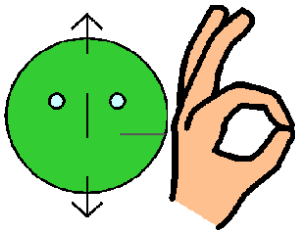
and get on the clinic bed.



You will be in a private space in the room.

You can ask someone else to be in the room with you. Like

- a support worker
- a parent
- a friend.



You **must** say it is ok.



If you say **no**



The doctor or nurse can **not** touch you.

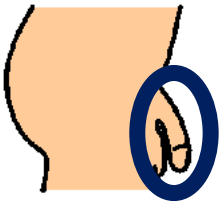


Remember

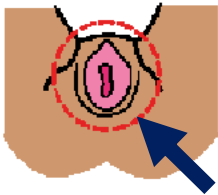


Your private parts are private to you.

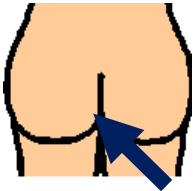
These are your



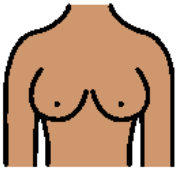
- penis



- vulva



- bottom and anus



- breasts.

The doctor or nurse may also ask you for

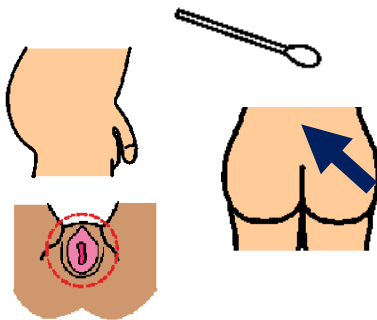


- some wee in a jar

It is also called a wee sample or a urine sample.



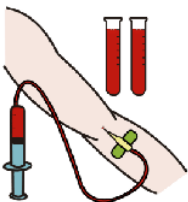
- a mouth swab



- a swab of your

- penis
- anus
- vulva

It is also called a **genital** swab.

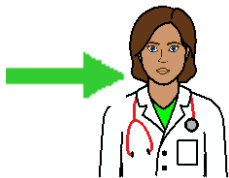


- some blood in a blood test.



The doctor or nurse may talk with you about

- any problems you have
 - with your private parts
 - with the sex you have
- what you are worried about
- tests they want you to do
- medicines you can take
- other people you can talk to.



Some tests take time to find out the results.

You may need to go back to see the doctor or nurse.



How much will it cost?



If you have a health care card you can see us for free

but

you will have to pay for any medicine the doctor or nurse wants you to have.



If you have a Medicare card you have to pay to see the doctor or nurse

but

Medicare will give you some money back.

You will have to pay for medicines the doctor or nurse want you to have.





If you do **not** have a Medicare card
you have to pay to



- see the doctor or nurse



- get tests

and



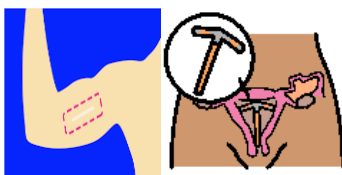
- get any medicines.



Everyone has to pay to have contraception

- put in
- or**
- taken out.

The contraception could be an



- IUD
- Implant.



Questions?



Talk to your own doctor or nurse.

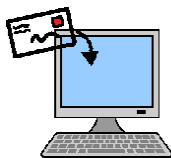


Contact us.



Phone 03 9257 0100

Freecall 1800 013 952



Email clinic@fpv.org.au

Images

We have used images from



- Change People and COMPIC
- Clipart Panda and Dreamstime
- Human Services
- Inspired Services
- Lablogger
- Family Planning Victoria
- Boardmaker - Mayer-Johnson
- Picto-Selector
- Spectronics



This Fact Sheet is based on the Family Planning Victoria Fact Sheet STI & BBV Testing: What to Expect at FPV.

Date: 27/07/2018



Access Easy English wrote the original Easy English for this Fact Sheet. May 2018.