**Delete anything not applicable**

Pregnancy excluded because \_\_

Verbal informed consent obtained, procedure and risks explained, and post insertion information given at IUD consent appointment.

Chlamydia check

required and consents to receive an SMS if results normal

not required

Urine HCG - negative /not needed

**Inserting IUD type**:

**Batch code**: **Expiry:**

**Procedure details:**

· Bimanual exam: Uterus anteverted / retroverted / axial

· Speculum inserted

· Old \_\_\_\_\_\_\_\_\_\_ IUD removed

· Lignocaine 10% spray x 10 applied to cervix. Waited 3 minutes

· Tenaculum applied to the upper lip of cervix to stabilise the uterus

· Cervical canal dilated using a disposable os finder / dilator size ^ to size ^ / hysterometer size ^ to size ^

· Uterus anteflexed / retroflexed / straight, uterocervical length sounded to \_\_\_ cm

· IUD inserted

· IUD not inserted. Procedure abandoned at patient's request/by doctor due to \_\_\_\_\_\_\_\_\_\_\_

· The string was cut about 2~3 cm from the external cervical os

· Checked no active bleeding and all equipment removed

Removal reminder added

During the procedure, patient experienced mild / moderate / severe pelvic discomfort/cramping

Client was requested to be observed in the waiting room until feeling well

After the procedure the client was advised:

· the IUD works immediately / takes 7 days to work as contraception

· to continue with the combined pill active tablets / vaginal ring for 7 days

* not to insert tampons, swim, take a bath or have vaginal sex for two days and not to use a menstrual cup for 3 months after insertion
* to check for the IUD strings after each period and to use condoms and seek medical advice if a change is noted.
* to seek immediate review if experiencing
  + Cramping pain that does not get better with naproxen or ibuprofen
  + Pain that is getting worse
  + Vaginal discharge with a smell
  + Heavy bleeding
  + Pain during sex
  + Fever for no reason
  + A feeling a piece of plastic where the IUD string should be or that the IUD is in the vagina
  + You cannot feel your string or it seems much longer or shorter than it did before
* Review: If any concerns in 6 weeks

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