



Care  
Education  
Advocacy

### Go to hospital emergency if you:

- are soaking 2 Maxi pads per hour for more than 2 hours in a row
- pass clots the size of a small lemon or larger
- have severe cramps and the pain tablets do not help

### Call if you:

- are worried and not sure if you need to go to hospital
- 24 hours after taking your Step-2, (Gymiso) you:
  - still have chills, fever, dizziness, diarrhoea or vomiting
  - still feel unwell or are in a lot of pain
  - have had less bleeding than expected.

**Ring us on 03 9257 0100 (office hours) OR call 1300 606 024 (24 hours)**

### Remember, on the day you take your 'Step 2' tablets (Gymiso) it is normal to:

- have pain, cramping and heavy bleeding
- pass clots
- pass the pregnancy tissue
- have chills, fever, diarrhoea, dizziness, feel sick or vomit

#### **SHV Box Hill Clinic**

901 Whitehorse Rd Box Hill 3128  
PO Box 1377 Box Hill 3128  
T: 03 9257 0100  
F: 03 9257 0112

#### **SHV Melbourne Clinic**

Level 1, 94 Elizabeth St  
Melbourne 3000  
T: 03 9660 4700  
F: 03 9650 8567