



# Whole-School Approach to RSE: Process overview

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## A whole-school approach to Relationships and Sexuality Education (RSE) is:

- an understanding of the partnership between the student, the home, the school, and the community
- recognition by all stakeholders of the value and importance of RSE
- accepting RSE as a shared responsibility
- effectively responding to critical incidents

The most effective sexuality education programs utilise a whole-school learning approach. When school leaders and teachers adopt such an approach, they view student learning in the context of the whole experience of being at school, that is, in the classroom, in the school environment, in the way a school responds to critical incidents and in the kinds of partnerships a school forms with home and the local community.

**The school community commits to a shared vision, which is reflected in school policies, practices, procedures, and structures. Central to this is the goal of supporting positive student outcomes in all their relationships, online sexual safety and in their sexual and reproductive health.**

The following documents will provide a structure to plan, create, and implement RSE using a whole-school approach.

These documents are designed to be used in sequence. It is possible to use some of these documents to support RSE in an existing well-being program.

Sexual Health Victoria's **Whole-School Approach to RSE** links to both the Framework for Improving Student Outcomes (FISO) model and the Healthy Schools Achievement Program for sexual health and wellbeing requirements.

1. Establish	These tools will help staff to establish a core group that will champion RSE in the school	<ul style="list-style-type: none"> <li>– 1.a. RSE Coordinator role description</li> <li>– 1.b. RSE Team member role descriptions</li> </ul>
2. Consult	These tools will help the RSE team to engage the school community, via consultation with key stakeholders, to review current practices and identify needs to inform planning	<ul style="list-style-type: none"> <li>– 2.a. Audit of practice</li> <li>– 2.b. Audit of policies and procedures</li> <li>– 2.c. Victorian Curriculum audit map</li> <li>– 2.e. RSE staff consultation tool</li> <li>– 2.g. Student consultation tool</li> <li>– 2.h. Parent and carer consultation tool</li> </ul>
3. Plan	These tools will help members of the RSE team to structure the whole-school RSE program, including policy, scope and sequence, and preparing staff for delivery	<ul style="list-style-type: none"> <li>– 3.b. Vision statement activity</li> <li>– 3.c. Policy development guide</li> <li>– 3.d. Strategic planning document</li> <li>– 3.f. Scope and sequence chart</li> <li>– 3.g. Alignment to FISO</li> <li>– 3.h. Alignment to achievement</li> </ul>
4. Implement	These tools will help staff to communicate program details to the school community, and support teachers during implementation	<ul style="list-style-type: none"> <li>– 4.a. Parent and carers information letter</li> <li>– 4.b. Setting up peer mentoring and coaching</li> <li>– 4.c. Student engagement tool</li> </ul>
5. Review	These tools will help the RSE team to collect reflections on the RSE program from the whole-school community, in order to inform revision of the program for the future	<ul style="list-style-type: none"> <li>– 5.a. RSE staff post-program survey tool</li> <li>– 5.b. Non-RSE staff post-program survey tool</li> <li>– 5.c. Student post-program survey tool</li> <li>– 5.d. Parents and carers post-program survey tool</li> <li>– 5.e. RSE team post-program reflection tool</li> </ul>